

VOLLEYBALL INSTRUCTORS

Private: \$50 - (1 hour) • Semi Private: \$70 (1 hour)

LAURA GARROW



Laura is a Appleton West High School graduate. She was a four-time All-Fox Valley Association choice, including a first-team pick as a junior and senior. She was tabbed to the Appleton Post Crescent's all-area first team. Laura also played for the Fox Cities Elite club for six years and was voted to the all tournament team at the USA Junior Olympics in 2005, when the team placed third. She played two seasons at the collegiate level. In 2009, her sophomore season, she was the libero for UW-Green Bay. She led the team in total digs (512) and was second in service aces. Her 4.61 digs per set ranked third in the Horizon League and was the fifth highest single season total in school history. She played in all 111 sets for the Phoenix and was tabbed to the Academic All League Team. Currently, Laura is the head junior varsity coach at Green Bay Southwest High School. She is also the assistant coach for Fox Cities Elite 16-1 team. Laura has been giving private lessons and conducting clinics at Player's Choice for the past four years.

KELLI TRAUTMANN



Kelli Trautmann is a graduate of Little Chute High School where she was a 3x all-conference, 3rd team all-state, honorable mention all-state, EVC player of the year 2007, and most valuable player and captain. Kelli has taken her playing career to UW-Whitewater where she will be a senior next season. Kelli is a welcomed addition to the Players Choice coaching family.

TINA DELPINO



Tina is a native of Wichita, KS. She attended Friends University on scholarship to play both volleyball and softball. She has played USVBA since age 10. She has played on 4 traveling teams, all would win Nationals. She has experience coaching club volleyball and has been in the USVBA Circuit for over 22 years, coaching ages 11-30. Through sport and love of the game, she was taught discipline, courage, sportsmanship, balance and strength. Tina looks forward to teaching and giving the same to young players.



****All lessons must paid
on or before scheduled date
No Exceptions****

LESSONS POLICY Lessons must be booked in advance with our instructors. Our instructors have busy schedules and book up very fast. PCFC will do their best to accommodate you and your child. This is based on the instructors availability *by appointment only*.

To book your favorite instructor call Judy Schnese 920-560-5887 or email judys@pcfoxcities.com